

Clackamas Community College

Online Course/Outline Submission System

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Date approved: February 19, 2016 Certified General Education Area(s): None

Section #1 General Course Information**Department:** Education, Human Services and Criminal Justice**Submitter**

First Name: Yvonne

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Course Prefix and Number: GRN - 184**# Credits:** 3**Contact hours**

Lecture (# of hours): 33

Lec/lab (# of hours):

Lab (# of hours):

Total course hours: 33

For each credit, the student will be expected to spend, on average, 3 hours per week in combination of in-class and out-of-class activity.

Course Title: Aging and the Individual**Course Description:**

This course explores the impact of aging on the individual as well as family members, caregivers, and professionals. Topics include: dementia, cognitive issues, stress, coping, life transitions, and intelligence. Course will also discuss the concept of successful aging from cross-cultural perspectives.

Type of Course: Career Technical Preparatory**Is this class challengeable?****Yes**

Can this course be repeated for credit in a degree?

No

Is general education certification being sought at this time?

No

Does this course map to any general education outcome(s)?

No

Is this course part of an AAS or related certificate of completion?

Yes

Name of degree(s) and/or certificate(s): Gerontology Certificate of Completion

Are there prerequisites to this course?

No

Are there corequisites to this course?

No

Are there any requirements or recommendations for students taken this course?

No

Are there similar courses existing in other programs or disciplines at CCC?

No

Will this class use library resources?

No

Is there any other potential impact on another department?

No

Does this course belong on the Related Instruction list?

No

GRADING METHOD:

A-F or Pass/No Pass

Audit: Yes

When do you plan to offer this course?

✓ Winter

Is this course equivalent to another?

If yes, they must have the same description and outcomes.

No

Will this course appear in the college catalog?

Yes

Will this course appear in the schedule?

Yes

Student Learning Outcomes:

Upon successful completion of this course, students should be able to:

1. analyze the role of family in adaptation to aging,
2. discuss and evaluate possible interventions to enhance life span adjustment with a diverse aging population,
3. understand the various mental health concerns common in the elderly.

This course does not include assessable General Education outcomes.

Major Topic Outline:

1. Life Span Transitions.
2. Self-Concept and Self Esteem in Aging.
3. Stress and the Elderly.
4. Coping with the Aging Process.
5. Dementia and other Cognitive Issues.
6. Depression and Mental Illness in the Elderly.
7. Impact of the Family on Aging.
8. Multicultural Views on Successful Aging.

Does the content of this class relate to job skills in any of the following areas:

- | | |
|--------------------------------------|-----------|
| 1. Increased energy efficiency | No |
| 2. Produce renewable energy | No |
| 3. Prevent environmental degradation | No |
| 4. Clean up natural environment | No |
| 5. Supports green services | No |

Percent of course: 0%

First term to be offered:

Next available term after approval

:
